

Instructions Following Completed Endodontic Treatment

Thank you for visiting our office.

Please do not eat until the numbness wears off. It is not unusual to have discomfort in the area for the next few days and it may take up to 1-2 weeks for the tenderness to biting to resolve. Please avoid hard and sticky foods until you see your dentist. You can brush and floss your teeth as usual.

Ibuprofen (Advil[®], Motrin[®]), acetaminophen (Tylenol[®]) or aspirin (Bayer[®]) should be used to help manage post-operative soreness using a regular dosing schedule for one or two days. **Do not use any medication that your physician, pharmacist, etc. has advised you not to take.**

- Ibuprofen 200mg (Advil[®], Motrin[®]) - take 3 tablets every 6 hours for pain
- Aspirin 325mg (Bayer[®]) – take 2 tablets every 4 hours for pain
- Acetaminophen 325mg (Tylenol[®]) - take 2 tablets every 6 hours for pain

Unless we tell you otherwise, take all other medications, including your routine medications, as directed by your physician. Immediately stop using any drug that causes an allergic reaction (including hives, rash, facial swelling, asthma, or wheezing). Seek immediate medical attention if any complications arise and notify our office.

Every patient undergoing root canal treatment reacts differently. Therefore, please do not hesitate to call the office if you have questions regarding your treatment. Please call our office if you have increasing swelling or severe pain that is not controlled by your pain medications.

Patients often ask why the tooth still hurts even after treatment. Endodontic treatment removes the source of infection or inflammation from the tooth. However, the bone and ligament surrounding the tooth are still very irritated and need time to heal. This may continue to cause pain and tenderness, especially when biting or chewing. It may take 1-2 weeks for the area to feel normal again.

We will send a record of your treatment including radiographs (x-rays) to your general dentist. It is important that you follow up with your general dentist for placement of a final restoration in the tooth we treated. Please call their office within the next few days to schedule this visit. It is best if you see your dentist within the next 4 weeks.

If you have questions, please call the office number: **614-436-2277**. If you need to contact us after hours, you can call the office where there will be instructions on how to reach the doctor on call. When leaving your message, speak slowly and say your phone number twice. Please have your pharmacy number handy in case the doctor needs to call in a prescription. **If the doctor has not called back after one hour, please call again.**